

100 - One Hundred Things to Celebrate

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Purpose: The purpose of the transcripts is to provide readers and listeners with a written version of each episode of the UAGC Center for Early Childhood Education's Early Childhood Chatter Podcast so they can follow along with the audio content. www.uagc.edu/ece-center/chatter-podcast

Audience: Current Active & Enrolled Students

Episode Transcript

Host Dr. Shipley: Hello everyone and welcome to Early Childhood Chatter with Dr. Shipley and Dr. Heald. We will upload a new episode every other week on Wednesdays.

Host Dr. Heald: This podcast is your go-to source for inspiration and practical tips to unlock the full potential of every little learner.

Don't forget to subscribe to the podcast for notifications about future episodes. Today, we are going to switch it up a little. It is our fourth season, 100th episode, Dr. Shipley and I have made it.

We are so thrilled to be here with you. And Dr. Shipley, how are you feeling?

Dr. Tisha Shipley Speaker: I am so excited. This podcast was a long time coming, but we did it and here we are, season four.

Dr. Stephanie Heald: Oh my gosh, I can literally remember back to the first one that we recorded where we were just talking about ourselves and how excited we were. I still listen to that one today and think, oh gosh, we've come so far.

Dr. Tisha Shipley: We have, and we owe it all to our listeners because without you and without you continuing to come back every week, we would not be here.

So, thank you so much.

Dr. Stephanie Heald: Yeah. You know, we love this journey throughout the day.

Every time we have recordings; we really love it. We go back and listen to them. But honestly, you guys are really what drives us to produce more because we see you coming.

We see you tuning into the episodes. We know what you're looking for now. And we're really excited to just better tailor this podcast to what your needs are.

So, Dr. Shipley, what has been a memory that you have since day one, podcast one, episode one that just has stuck with you throughout time?

Dr. Tisha Shipley: So, my memory is kind of a big one because I get the speakers. So, meeting all of the people who come onto our show and share their knowledge, every single person, I have so much fun. I go back and forth.

We talk on the phone. We work on their podcast sheet. So really finding dynamic presenters in the early childhood field is my favorite memory, that I'm going to get to continue to do and continue to work with all of the wonderful speakers that we have.

Dr. Stephanie Heald: Yeah. You know, you bring up a great point. We have so many diverse speakers.

You know, I'm trying to just kind of rack my memory about the past hundred episodes. I mean, we've had everything from behavior to, you know, online learning environments to classroom management, to family management, to librarians, to we've just had some great people. I know one of your absolute favorites is our podcast with renowned authors, Dr. R.L. Stein and Patrick Carman.

Tell me about that.

Dr. Tisha Shipley: Yes. I was so excited when I was able to meet them.

So, a lot of ways that I find some of my speakers that are big names are because I blog for the Education World. And so, every single day I get different people wanting to come on our series, come on our podcast. So, Patrick Carman and R.L. Stein were two that you and I actually did a video with, and they were so fun to meet.

Their personalities are amazing. We had so much fun. We learned so many things.

I still listen to *Go Kid Go*, which is their podcast. So, if you don't remember that or don't know, please go listen to *Go Kid Go*. Your children will love it.

Your students will love it. I've listened to it in my car with my own nephews and my cousins. So, I truly enjoyed them.

And Patrick has actually come on several times and he's been on our early childhood conference, and did YouTube channel for us, and different things like that. So, he has been a big part of what we do here on this podcast.

Dr. Stephanie Heald: So many big names.

So that's one of them. Tell us about some of the other ones that you remember.

Dr. Tisha Shipley: Yes.

And we've had Willie Spears. He has actually been a part of our podcast, several times. He's been at our conference several times.

Willie and I went to college together. So, I have known him for over 24 years. When I was in college, he was a big name.

He was a big face, and he travels the entire world and goes and presents for teachers. He was a teacher and a coach himself. He's amazing.

If you haven't listened to his episodes, Willie Spears is amazing. Go to his website. Have him come speak to your school.

He's also been on our conference. So, you can see him there also. He's a motivational speaker.

You don't want to miss him. Nick Young is another person who has been on our podcast and has presented for us at our conference. He sings.

He plays the guitar. He is so well-tuned in what teachers are doing in their classroom, for social emotional learning. He sings and he is just really amazing.

He is a really cool person. I actually consider all of these people my friends, which is, I know, so strange. Tanya Wright, she is from Orange is the New Black.

I actually saw her come up on something on LinkedIn, which is where I find a lot of our speakers. And her and I went back and forth and really connected. And I love Orange is the New Black.

I'm a Netflix junkie and she's awesome. She's going to have two episodes on our podcast. And she's also presented at our conference.

Scarlett Lewis. I know you want to talk about her. She's one of your favorites Steph.

She is amazing. Her son was killed at the Sandy Hook massacre. And she just radiates a glow and a personality.

And I follow her on social media. And she is just the most positive person that I've ever met, even with all of the things that have happened in her life. So, we have several of hers, maybe four or five podcasts.

We did a series on her and she has presented for us. And those are some of my favorite people and the big names that we've had on. I hope that we continue to get all of these people.

At this point, we have people reaching out to us, asking us to be on the podcast. And so, when I reach out to you, I really think that you would be dynamic. So, thank you so much for being here.

These are the people that make our show. These are just a few. Everybody on here is amazing.

Dr. Stephanie Heald: You know, and I love that. I love the fact that our audience continues to diversify. You know, I'm thinking back, we have had a librarian and an international nanny.

I mean, yes, we have had several app creators on our series right now, that we're in the process of recording. We have someone who's speaking to AI. I mean, still Scarlett Lewis's four sessions, four podcast recordings have a special place in our heart.

We launched this series right before the holidays, and she really breaks down the choose love movement. She talks to courage, gratitude, forgiveness, and then compassion and empathy in action. Excuse me.

It's just one of those that really grabs your heart. And no matter where you are in the journey of early childhood, whether you're a parent, caregiver, you know, just someone who's interested in learning more about the development of kids, these podcasts, you know, high ones, low ones, ones that cause us to think and reflect and learn, give us that little needed that 10 minutes of information to kind of drive in a new direction. And I just, I'm really thrilled about where we've gone.

But I'm also really excited about where we're going. We are recording as we speak, and we have some great new guests on our show. Dr. Shipley, what do you think? Any, any stick out to you right now?

Dr. Tisha Shipley: Well, I always try to pick topics.

Like when people reach out to me that I'm like, oh my gosh, our listeners would love that. Because we know our, our listener base is diverse families, sometimes aspiring teachers, teachers, teachers, aides, administrators. I mean, we have all sorts of people that are listening to our podcast, a lot of parents. So, we want to make sure that when we pick a topic, it is going to really resonate with you.

And if you're going to learn something new, why we always. With you with three tips, because I want you when you turn that podcast off, to leave with those things. And when we, Steph and I were at the beginning, we're actually talking about this.

We knew we needed something short and sweet, 10 minutes, 10 minutes. And we had kind of gone to 10 to 15 minutes because, and that's okay. We want everybody to speak, but we want it to be something short, like a short snippet of a professional development that you can get ideas, you can get tips, you can get tricks and you can leave with it and go use it with your children, or your families or whoever right then.

And that's kind of what I was envisioning. And I think that it's working.

Dr. Stephanie Heald: Yeah.

You know, we've gotten some feedback about that. We've gotten some feedback saying that it's great that we have the content. We can listen in quick and get the content, but then we can also put it to use.

I think those three takeaways really help our audience know that, you know, start small, start slow, but start. And I think that having that little bit of knowledge, that 10 minutes, you know, 15 minutes, sometimes because we get long-winded of knowledge alongside, you know, the three practical takeaways, and one challenge allows our listeners just to have something to move towards. So we are just so excited.

We have so many things coming. Dr. Shipley, the three takeaways today. Tell us about three things just going on in your life since the beginning.

What three things do you have that you can share?

Dr. Tisha Shipley: Well, I'll just give you a snippet. I'm a boy aunt. So, I do lots of sports.

I travel all over and try to see them do their thing. Number two, I love to travel. Taking cruises are my favorite.

And then a number three is I really want you all our listeners to know that you can reach out to Dr. Heald and I anytime. Because we want to hear from you and know what you're thinking. Is there a session you would like us to have on? Is there a person you would like us to have on? Is whatever. And a challenge that I would like to challenge you is to come back every other week.

We are going to upload a new episode every other week. We want you here. We want to hear your voice.

And if you're here listening, and you have something you want to share, we want you on the show.

Dr. Stephanie Heald: Yeah, I love that. And I'm going to give my three takeaways.

Dr. Tisha Shipley: Do it, do it.

Dr. Stephanie Heald: I think in the past two years; I've learned that these really evolve and grow so organically. We've gotten such great relationships, and such great people.

And I think you and I have been become more comfortable in this seat just facilitating because our guests are so good that we truly ultimately want to know more. Personally, I have two boys. You guys know I talked about them a lot on the first episode.

I won't bore you too much with them, but they are still doing great. The one is a sophomore. He is playing football.

He loves it. The other one is going to go off to college next year to play basketball. So, I love the podcast realm, because I can still listen and tune in whether it's on a plane, or whether it's on a field while I'm sitting there watching pregame.

It just allows me to continue to learn and really kind of touch base with something that I'm super connected with. And the third one is I do have a little bit different of a role at the University of Arizona Global Campus. And to be honest with you, I am learning every day.

So not only do I tune into our own podcast, to figure out specifics from the field that I might not be as in touch with, but I also find other podcasts. So, I really encourage you to continue your podcast journey, your personal podcast journey, and fit it in where it works for you. No rights or wrongs but just fit it in where it works for you.

The last challenge that I want to leave you with before we go, is subscribe, hit like, stay tuned with us because we are here. We're so thrilled to be here. And I just I couldn't be happier, to be on this journey with Dr. Shipley and all of our guests.

Dr. Tisha Shipley: And I want you to know Dr. Heald and I are best of friends, and we have so much fun with you and doing this. So, thank you for being here with us.

Dr. Stephanie Heald: Like and subscribe to future episodes.